

## **Chocolate Brownie Batter Smoothie**

1 large serving

½ cup old fashioned oatmeal  
¾ cup oat milk  
1-2 Tbsp. peanut butter  
1-2 Tbsp. cocoa powder  
1 tsp chia seeds  
1 tsp ground flax seed (optional)  
½ tsp vanilla  
Dash honey  
5-6 ice cubes

Blend until combined

## **Mint Chocolate Chip Smoothie**

1 large serving

½ cup plain greek yogurt  
2 cups spinach (adjust for color and fit in blender)  
½ - 1 frozen banana  
½ cup oatmilk  
½ tsp vanilla  
½ - 1 tsp peppermint extract  
2 Tbsp. chocolate chips  
5-6 ice cubes

Blend until combined. Top with additional chocolate chips